



One Last Dance

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Date of choreography: March 2010



Type of dance: 2 wall 40 counts Night Club 2 Step rhythm

Level: Intermediate/Advanced "Dance Video"

Music: 'Just One Last Dance' by Sarah Connor & Marc Terenzi from album Key to my Soul.

Buy on iTunes.

Tags/Restarts: 2 counts tag after wall 1. Restart after 28 counts in wall 3.

Intro: 16 count intro (app. 19 sec. into track)

1-8 ½ R sweep L, Jazz box ¼ L, 1 ¼ L, Basic R, Sway L, ¼ R, Step L

- 1 Turn ½ R stepping fw on R, sweeping L around from back to front (1) 06:00
- 2&3 Cross L over R (2), ¼ L stepping R back (&), step L fw (3) 03:00
- 4&5 ½ L stepping R back (4), ½ L stepping L fw (&), ¼ L stepping R to R side (5) 12:00
- 6&7 Close L behind R (6), cross R over L (&), step side L with sway (7) 12:00
- 8& ¼ R stepping R fw (8), step L fw (&) 03:00

9-16 ½ R, Step ½ R, Step ½ R, Run L, R, L, Coaster step R, Scuff hitch Point back L

- 1 Turn ½ R stepping R fw (1) 09:00
- &2 Step L fw (&), turn ½ R stepping R fw (2) 03:00
- &3 Step L fw (&), turn ½ R stepping R fw (3) 09:00
- 4&5 Run fw L (4), R (&), L (5) 09:00
- 6&7 Step back R (6), step L next to R (&), step R fw (7) 09:00
- &8& Scuff L fw (&), hitch L (8), point L back (&) 09:00

17-24

½ L sweep R, Weave sweep L, Behind side cross rock, Back Back, Side R, Run diagonally fw L, R,

- 1 Turn ½ L stepping down onto L sweeping R around (1) 03:00
- 2&3 Cross R in front of L (2), step L to L (&), cross R behind L sweeping L around (3) 03:00
- 4&5 Cross L behind R (4), step R to R side (&), cross rock L over R (5) 04:30
- 6&7 Recover R (6), run back L (still diagonal) (&), step R to side (squaring to your 6 o'clock wall) (7) 06:00
- 8& Run diagonally fw L (8), R (&) 07:30

25-32

Side L, ¾ sweep R, ¾ R triple, ¼ prep R, ½ L sweep, Jazz box ¼ R, Rock back, Cross ¼ R

- 1 Step L to L side (squaring up to your 9 o'clock wall) sweeping R around ¾ R (1) 06:00
- 2&3 Step fw R (2), turn ½ R stepping L back (&), ¼ R stepping R to side (3) 03:00
- 4-5 Turn ¼ R as a prep keeping weight on R (3), ½ turn L stepping L fw sweeping R around (5) 12:00
- 6&7 Cross R over L (6), turn ¼ R step L back (&), rock back R (7) 03:00
- 8& Recover onto L (8), turn ¼ R crossing R in front of L (&) 06:00

33-40

Side L figure 4 ½ R, Diagonally fw R, Step ½ R, Coaster step R, Step lock step L, Rock step fw R

- 1 Step L to side, turn ½ figure 4 R (1) 12:00
- 2&3 Step diagonally fw R (2), step diagonally fw L (&), turn ½ R keeping weight back on L (3) 07:30
- 4&5 Step back R (4), step L next to R (&), step R fw (squaring up to your 6 o'clock wall) (5) 06:00
- 6&7 Step L fw (6), lock R behind L (6), step L fw (7) 06:00
- 8& Rock fw on R (8), recover back onto L (&) 06:00

Note: Think of this step as mambo ½ R to start the dance over again